AG	FREE					BACK		
	50	100	200	400	800	50	100	200
25-29	00:27,8	01:06,8	02:20,0	05:10,0	10:45,0	00:33,5	01:13,7	02:40,0
30-34	00:28,3	01:07,5	02:22,5	05:15,0	11:00,0	00:34,0	01:15,0	02:42,5
35-39	00:29,5	01:10,0	02:25,0	05:22,5	11:30,0	00:35,5	01:17,5	02:45,0
40-44	00:30,7	01:12,5	02:30,0	05:30,0	12:00,0	00:37,0	01:20,0	02:52,5
45-49	00:32,5	01:17,5	02:37,5	05:45,0	12:30,0	00:38,5	01:25,0	03:00,0
50-54	00:33,7	01:20,0	02:45,0	06:00,0	13:00,0	00:40,0	01:30,0	03:10,0
55-59	00:35,0	01:25,0	02:52,5	06:15,0	13:30,0	00:42,5	01:35,0	03:20,0
60-64	00:37,5	01:30,0	03:00,0	06:30,0	14:30,0	00:45,0	01:40,0	03:30,0
65-69	00:40,0	01:35,0	03:15,0	07:00,0	15:30,0	00:50,0	01:50,0	03:45,0
70-74	00:42,5	01:40,0	03:30,0	07:45,0	16:00,0	00:55,0	02:00,0	04:00,0
75-79	00:45,0	01:45,0	03:45,0	08:15,0	17:00,0	01:00,0	02:15,0	04:15,0
80-84	00:50,0	01:50,0	04:00,0	09:00,0	18:00,0	01:05,0	02:22,5	04:45,0
85-89	00:55,0	01:57,5	04:30,0	09:45,0	20:00,0	01:10,0	02:30,0	05:15,0
90-94								
95-99								
100+								

## **STANDARD TIMES SWIMMING - MEN**

AG		BREAST		-	FLY		
AG	50	100	200	50	100	200	200 I. M.
25-29	00:35,0	01:20,0	02:55,0	00:31,0	01:13,7	02:40,0	02:45,0
30-34	00:36,0	01:22,5	03:00,0	00:32,5	01:15,0	02:45,0	02:50,0
35-39	00:37,5	01:25,0	03:05,0	00:33,7	01:17,5	02:52,5	03:00,0
40-44	00:38,8	01:27,5	03:10,0	00:35,0	01:20,0	03:00,0	03:10,0
45-49	00:40,0	01:30,0	03:20,0	00:37,5	01:22,5	03:10,0	03:20,0
50-54	00:42,5	01:35,0	03:30,0	00:40,0	01:25,0	03:20,0	03:30,0
55-59	00:45,0	01:40,0	03:45,0	00:42,5	01:30,0	03:35,0	03:50,0
60-64	00:50,0	01:50,0	04:00,0	00:45,0	01:40,0	03:50,0	04:05,0
65-69	00:55,0	02:00,0	04:15,0	00:50,0	01:50,0	04:00,0	04:20,0
70-74	01:00,0	02:10,0	04:30,0	00:55,0	02:05,0	04:30,0	04:35,0
75-79	01:05,0	02:20,0	05:00,0	01:02,5	02:20,0	05:00,0	04:55,0
80-84	01:10,0	02:30,0	05:30,0	01:10,0	02:35,0	05:30,0	05:20,0
85-89	01:17,5	02:45,0	06:00,0	01:17,5	02:45,0	06:00,0	05:45,0
90-94							
95-99							
100+							

**STANDARD TIMES SWIMMING - WOMEN** 

AG	1	BREAST			FLY			
	50	100	200	50	100	200	200 I. M	L.
25-29	00:42,5	01:35,0	03:20,0	00:35,5	01:20,0	03:10,0	03:17,5	
30-34	00:43,7	01:37,5	03:22,5	00:36,8	01:22,5	03:15,0	03:25,0	
35-39	00:45,0	01:40,0	03:30,0	00:38,0	01:25,0	03:22,5	03:30,0	
40-44	00:47,5	01:45,0	03:40,0	00:40,0	01:30,0	03:30,0	03:40,0	
45-49	00:50,0	01:50,0	03:50,0	00:42,5	01:35,0	03:40,0	03:50,0	
50-54	00:52,5	01:50,0	04:00,0	00:45,0	01:45,0	03:50,0	04:00,0	
55-59	00:55,0	02:00,0	04:15,0	00:50,0	01:50,0	04:00,0	04:15,0	
60-64	00:57,5	02:10,0	04:30,0	00:55,0	02:00,0	04:15,0	04:30,0	
65-69	01:00,0	02:20,0	04:55,0	01:00,0	02:10,0	04:43,0	04:45,0	
70-74	01:05,0	02:30,0	05:15,0	01:05,0	02:17,5	04:45,0	05:00,0	
75-79	01:10,0	02:40,0	05:45,0	01:10,0	02:30,0	05:15,0	05:30,0	
80-84	01:20,0	02:55,0	06:15,0	01:17,5	02:45,0	05:45,0	06:00,0	
85-89	01:30,0	03:15,0	06:45,0	01:25,0	03:00,0	06:15,0	06:30,0	
90-94								
95-99								
100+								
100+	-,-							
100+			FREE				ВАСК	
100+	50	100	FREE 200	400	800	50	BACK 100	200
25-29		100 01:17,5		400 06:25,0	800 13:15,0	50 00:37,5		200 02:55,0
	50		200				100	
25-29	50 00:31,8	01:17,5	200 02:40,0	06:25,0	13:15,0	00:37,5	100 01:22,5	02:55,0
25-29 30-34	50 00:31,8 00:32,5	01:17,5 01:20,0	200 02:40,0 02:47,5	06:25,0 06:35,0	13:15,0 13:30,0	00:37,5 00:38,8	100 01:22,5 01:25,0	02:55,0 03:00,0
25-29 30-34 35-39	50 00:31,8 00:32,5 00:33,7	01:17,5 01:20,0 01:22,5	200 02:40,0 02:47,5 02:52,5	06:25,0 06:35,0 06:45,0	13:15,0 13:30,0 14:00,0	00:37,5 00:38,8 00:40,0	100 01:22,5 01:25,0 01:30,0	02:55,0 03:00,0 03:10,0
25-29 30-34 35-39 40-44	50 00:31,8 00:32,5 00:33,7 00:35,0	01:17,5 01:20,0 01:22,5 01:25,0	200 02:40,0 02:47,5 02:52,5 03:00,0	06:25,0 06:35,0 06:45,0 07:00,0	13:15,0 13:30,0 14:00,0 14:30,0	00:37,5 00:38,8 00:40,0 00:42,5	100 01:22,5 01:25,0 01:30,0 01:35,0	02:55,0 03:00,0 03:10,0 03:20,0
25-29 30-34 35-39 40-44 45-49	50 00:31,8 00:32,5 00:33,7 00:35,0 00:37,5	01:17,5 01:20,0 01:22,5 01:25,0 01:27,5	200 02:40,0 02:47,5 02:52,5 03:00,0 03:07,5	06:25,0 06:35,0 06:45,0 07:00,0 07:15,0	13:15,0 13:30,0 14:00,0 14:30,0 15:00,0	00:37,5 00:38,8 00:40,0 00:42,5 00:45,0 00:50,0	100 01:22,5 01:25,0 01:30,0 01:35,0 01:40,0	02:55,0 03:00,0 03:10,0 03:20,0 03:30,0
25-29 30-34 35-39 40-44 45-49 50-54	50 00:31,8 00:32,5 00:33,7 00:35,0 00:37,5 00:40,0	01:17,5 01:20,0 01:22,5 01:25,0 01:27,5 01:32,5	200 02:40,0 02:47,5 02:52,5 03:00,0 03:07,5 03:20,0	06:25,0 06:35,0 06:45,0 07:00,0 07:15,0 07:30,0	13:15,0 13:30,0 14:00,0 14:30,0 15:00,0 15:30,0	00:37,5 00:38,8 00:40,0 00:42,5 00:45,0 00:50,0	100 01:22,5 01:25,0 01:30,0 01:35,0 01:40,0 01:50,0	02:55,0 03:00,0 03:10,0 03:20,0 03:30,0 03:45,0
25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69	50 00:31,8 00:32,5 00:33,7 00:35,0 00:37,5 00:40,0 00:42,5	01:17,5 01:20,0 01:22,5 01:25,0 01:27,5 01:32,5 01:37,5	200 02:40,0 02:47,5 02:52,5 03:00,0 03:07,5 03:20,0 03:35,0	06:25,0 06:35,0 06:45,0 07:00,0 07:15,0 07:30,0 07:45,0	13:15,0 13:30,0 14:00,0 14:30,0 15:00,0 15:30,0 16:00,0	00:37,5 00:38,8 00:40,0 00:42,5 00:45,0 00:50,0 00:55,0	100 01:22,5 01:25,0 01:30,0 01:35,0 01:40,0 01:50,0 02:00,0	02:55,0 03:00,0 03:10,0 03:20,0 03:30,0 03:45,0 04:10,0
25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74	50 00:31,8 00:32,5 00:33,7 00:35,0 00:37,5 00:40,0 00:42,5 00:45,0	01:17,5 01:20,0 01:22,5 01:25,0 01:27,5 01:32,5 01:37,5 01:47,5	200 02:40,0 02:47,5 02:52,5 03:00,0 03:07,5 03:20,0 03:35,0 03:45,0	06:25,0 06:35,0 06:45,0 07:00,0 07:15,0 07:30,0 07:45,0 08:00,0	13:15,0 13:30,0 14:00,0 14:30,0 15:00,0 15:30,0 16:00,0 17:00,0	00:37,5 00:38,8 00:40,0 00:42,5 00:45,0 00:50,0 00:55,0 01:00,0	100 01:22,5 01:25,0 01:30,0 01:35,0 01:40,0 01:50,0 02:00,0 02:10,0	02:55,0 03:00,0 03:10,0 03:20,0 03:30,0 03:45,0 04:10,0 04:30,0
25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75-79	50 00:31,8 00:32,5 00:33,7 00:35,0 00:37,5 00:40,0 00:42,5 00:45,0 00:50,0 00:55,0 01:00,0	01:17,5 01:20,0 01:22,5 01:25,0 01:27,5 01:32,5 01:37,5 01:47,5 01:52,5 02:00,0 02:10,0	200 02:40,0 02:47,5 02:52,5 03:00,0 03:07,5 03:20,0 03:35,0 03:45,0 04:00,0 04:15,0 04:30,0	06:25,0 06:35,0 06:45,0 07:00,0 07:15,0 07:30,0 07:45,0 08:00,0 08:30,0 09:00,0	13:15,0 13:30,0 14:00,0 14:30,0 15:00,0 15:30,0 16:00,0 17:00,0 17:30,0 18:45,0 20:00,0	00:37,5 00:38,8 00:40,0 00:42,5 00:45,0 00:50,0 00:55,0 01:00,0 01:05,0 01:12,5 01:20,0	100 01:22,5 01:25,0 01:30,0 01:35,0 01:40,0 01:50,0 02:00,0 02:10,0 02:20,0 02:30,0 02:45,0	02:55,0 03:00,0 03:10,0 03:20,0 03:30,0 03:45,0 04:10,0 04:30,0 04:55,0 05:15,0 05:45,0
25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75-79 80-84	50 00:31,8 00:32,5 00:33,7 00:35,0 00:37,5 00:40,0 00:42,5 00:45,0 00:50,0 00:55,0 01:00,0 01:05,0	01:17,5 01:20,0 01:22,5 01:25,0 01:27,5 01:32,5 01:37,5 01:47,5 01:52,5 02:00,0 02:10,0 02:20,0	200 02:40,0 02:47,5 02:52,5 03:00,0 03:07,5 03:20,0 03:35,0 03:45,0 03:45,0 04:00,0 04:15,0 04:30,0	06:25,0 06:35,0 06:45,0 07:00,0 07:15,0 07:30,0 07:45,0 08:00,0 08:30,0 09:00,0 09:30,0 10:15,0	13:15,0 13:30,0 14:00,0 14:30,0 15:00,0 15:30,0 16:00,0 17:00,0 17:30,0 18:45,0 20:00,0 21:15,0	00:37,5 00:38,8 00:40,0 00:42,5 00:55,0 00:55,0 01:00,0 01:05,0 01:27,5	100 01:22,5 01:25,0 01:30,0 01:35,0 01:40,0 01:50,0 02:00,0 02:20,0 02:20,0 02:30,0 02:45,0 03:00,0	02:55,0 03:00,0 03:10,0 03:20,0 03:30,0 03:45,0 04:10,0 04:30,0 04:55,0 05:15,0 05:45,0 06:15,0
25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75-79 80-84 85-89	50 00:31,8 00:32,5 00:33,7 00:35,0 00:37,5 00:40,0 00:42,5 00:45,0 00:50,0 00:55,0 01:00,0	01:17,5 01:20,0 01:22,5 01:25,0 01:27,5 01:32,5 01:37,5 01:47,5 01:52,5 02:00,0 02:10,0	200 02:40,0 02:47,5 02:52,5 03:00,0 03:07,5 03:20,0 03:35,0 03:45,0 04:00,0 04:15,0 04:30,0	06:25,0 06:35,0 06:45,0 07:00,0 07:15,0 07:30,0 07:45,0 08:00,0 08:30,0 09:00,0	13:15,0 13:30,0 14:00,0 14:30,0 15:00,0 15:30,0 16:00,0 17:00,0 17:30,0 18:45,0 20:00,0	00:37,5 00:38,8 00:40,0 00:42,5 00:45,0 00:50,0 00:55,0 01:00,0 01:05,0 01:12,5 01:20,0	100 01:22,5 01:25,0 01:30,0 01:35,0 01:40,0 01:50,0 02:00,0 02:10,0 02:20,0 02:30,0 02:45,0	02:55,0 03:00,0 03:10,0 03:20,0 03:30,0 03:45,0 04:10,0 04:30,0 04:55,0 05:15,0 05:45,0
25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75-79 80-84 85-89 90-94	50 00:31,8 00:32,5 00:33,7 00:35,0 00:37,5 00:40,0 00:42,5 00:45,0 00:50,0 00:55,0 01:00,0 01:05,0	01:17,5 01:20,0 01:22,5 01:25,0 01:27,5 01:32,5 01:37,5 01:47,5 01:52,5 02:00,0 02:10,0 02:20,0	200 02:40,0 02:47,5 02:52,5 03:00,0 03:07,5 03:20,0 03:35,0 03:45,0 03:45,0 04:00,0 04:15,0 04:30,0	06:25,0 06:35,0 06:45,0 07:00,0 07:15,0 07:30,0 07:45,0 08:00,0 08:30,0 09:00,0 09:30,0 10:15,0	13:15,0 13:30,0 14:00,0 14:30,0 15:00,0 15:30,0 16:00,0 17:00,0 17:30,0 18:45,0 20:00,0 21:15,0	00:37,5 00:38,8 00:40,0 00:42,5 00:55,0 00:55,0 01:00,0 01:05,0 01:27,5	100 01:22,5 01:25,0 01:30,0 01:35,0 01:40,0 01:50,0 02:00,0 02:20,0 02:20,0 02:30,0 02:45,0 03:00,0	02:55,0 03:00,0 03:10,0 03:20,0 03:30,0 03:45,0 04:10,0 04:30,0 04:55,0 05:15,0 05:45,0 06:15,0
25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75-79 80-84 85-89	50 00:31,8 00:32,5 00:33,7 00:35,0 00:37,5 00:40,0 00:42,5 00:45,0 00:50,0 00:55,0 01:00,0 01:05,0 01:10,0	01:17,5 01:20,0 01:22,5 01:25,0 01:27,5 01:32,5 01:37,5 01:47,5 01:52,5 02:00,0 02:10,0 02:20,0	200 02:40,0 02:47,5 02:52,5 03:00,0 03:07,5 03:20,0 03:35,0 03:45,0 03:45,0 04:00,0 04:15,0 04:30,0	06:25,0 06:35,0 06:45,0 07:00,0 07:15,0 07:30,0 07:45,0 08:00,0 08:30,0 09:00,0 09:30,0 10:15,0	13:15,0 13:30,0 14:00,0 14:30,0 15:00,0 15:30,0 16:00,0 17:00,0 17:30,0 18:45,0 20:00,0 21:15,0	00:37,5 00:38,8 00:40,0 00:42,5 00:55,0 00:55,0 01:00,0 01:05,0 01:27,5	100 01:22,5 01:25,0 01:30,0 01:35,0 01:40,0 01:50,0 02:00,0 02:20,0 02:20,0 02:30,0 02:45,0 03:00,0	02:55,0 03:00,0 03:10,0 03:20,0 03:30,0 03:45,0 04:10,0 04:30,0 04:55,0 05:15,0 05:45,0 06:15,0