



LEN EUROPEAN AQUATICS CHAMPIONSHIPS SWIMMING DIVING SYNCHRO MASTERS

STANDARD TIMES SWIMMING MEN

Age-Group	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	90-94	95-99	100+
50-Free	0:28,25	0:29,50	0:30,75	0:32,50	0:33,75	0:35,00	0:37,50	0:40,00	0:42,50	0:45,00	0:50,00	0:55,00	1:00,00	--	--	--
100-Free	1:07,50	1:10,00	1:12,50	1:17,50	1:20,00	1:25,00	1:30,00	1:35,00	1:40,00	1:45,00	1:50,00	1:57,50	2:05,00	--	--	--
200-Free	2:22,50	2:25,00	2:30,00	2:37,50	2:45,00	2:52,50	3:00,00	3:15,00	3:30,00	3:45,00	4:00,00	4:30,00	5:00,00	--	--	--
400-Free	5:15,00	5:22,50	5:30,00	5:45,00	6:00,00	6:15,00	6:30,00	6:45,00	7:30,00	8:15,00	8:45,00	9:30,00	10:15,00	--	--	--
800-Free	11:00,00	11:30,00	12:00,00	12:30,00	13:00,00	13:30,00	14:00,00	15:00,00	16:00,00	17:00,00	18:00,00	19:00,00	20:30,00	--	--	--
50-Back	0:34,00	0:35,50	0:37,00	0:38,50	0:40,00	0:42,50	0:45,00	0:50,00	0:55,00	1:00,00	1:05,00	1:10,00	1:20,00	--	--	--
100-Back	1:15,00	1:17,50	1:20,00	1:25,00	1:30,00	1:35,00	1:40,00	1:50,00	2:00,00	2:15,00	2:22,50	2:30,00	2:45,00	--	--	--
200-Back	2:42,50	2:45,00	2:52,50	3:00,00	3:10,00	3:20,00	3:30,00	3:45,00	4:00,00	4:15,00	4:45,00	5:15,00	6:00,00	--	--	--
50-Breast	0:36,00	0:37,50	0:38,75	0:40,00	0:42,50	0:45,00	0:50,00	0:55,00	1:00,00	1:05,00	1:10,00	1:17,50	1:25,00	--	--	--
100-Breast	1:22,50	1:25,00	1:27,50	1:30,00	1:35,00	1:40,00	1:50,00	2:00,00	2:10,00	2:20,00	2:30,00	2:45,00	3:00,00	--	--	--
200-Breast	2:57,50	3:05,00	3:12,50	3:20,00	3:30,00	3:45,00	4:00,00	4:15,00	4:30,00	5:00,00	5:30,00	6:00,00	6:30,00	--	--	--
50-Fly	0:32,50	0:33,75	0:35,00	0:37,50	0:40,00	0:42,50	0:45,00	0:50,00	0:55,00	1:02,50	1:10,00	1:17,50	1:25,00	--	--	--
100-Fly	1:15,00	1:17,50	1:20,00	1:22,50	1:25,00	1:30,00	1:40,00	1:50,00	2:00,00	2:15,00	2:30,00	2:45,00	3:00,00	--	--	--
200-Fly	2:45,00	2:52,50	3:00,00	3:10,00	3:20,00	3:30,00	3:45,00	4:00,00	4:15,00	4:45,00	5:15,00	5:45,00	6:30,00	--	--	--
200-I.M.	2:50,00	3:00,00	3:10,00	3:20,00	3:30,00	3:45,00	4:00,00	4:15,00	4:30,00	4:45,00	5:00,00	5:30,00	6:00,00	--	--	--

STANDARD TIMES SWIMMING WOMEN

Age-Group	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	90-94	95-99	100+
50-Free	0:32,50	0:33,75	0:35,00	0:37,50	0:40,00	0:42,50	0:45,00	0:50,00	0:55,00	1:00,00	1:05,00	1:10,00	1:15,00	--	--	--
100-Free	1:20,00	1:22,50	1:25,00	1:27,50	1:30,00	1:37,50	1:45,00	1:52,50	2:00,00	2:10,00	2:20,00	2:30,00	2:45,00	--	--	--
200-Free	2:45,00	2:52,50	3:00,00	3:07,50	3:15,00	3:30,00	3:45,00	4:00,00	4:15,00	4:30,00	4:45,00	5:15,00	5:45,00	--	--	--
400-Free	6:30,00	6:45,00	7:00,00	7:15,00	7:30,00	7:45,00	8:00,00	8:30,00	9:00,00	9:30,00	10:00,00	10:45,00	12:00,00	--	--	--
800-Free	13:30,00	14:00,00	14:30,00	15:00,00	15:30,00	16:00,00	16:30,00	17:30,00	18:45,00	20:00,00	21:15,00	23:00,00	24:30,00	--	--	--
50-Back	0:38,75	0:40,00	0:42,50	0:45,00	0:50,00	0:55,00	1:00,00	1:05,00	1:12,50	1:20,00	1:27,50	1:30,00	1:45,00	--	--	--
100-Back	1:25,00	1:30,00	1:35,00	1:40,00	1:50,00	2:00,00	2:10,00	2:20,00	2:30,00	2:45,00	3:00,00	3:15,00	3:45,00	--	--	--
200-Back	3:00,00	3:10,00	3:20,00	3:30,00	3:45,00	4:10,00	4:30,00	4:55,00	5:15,00	5:30,00	6:15,00	6:45,00	7:30,00	--	--	--
50-Breast	0:43,75	0:45,00	0:47,50	0:50,00	0:52,50	0:55,00	0:57,50	1:00,00	1:05,00	1:10,00	1:20,00	1:30,00	1:40,00	--	--	--
100-Breast	1:37,50	1:40,00	1:45,00	1:50,00	1:55,00	2:00,00	2:10,00	2:20,00	2:30,00	2:40,00	2:50,00	3:05,00	3:30,00	--	--	--
200-Breast	3:22,50	3:30,00	3:40,00	3:50,00	4:00,00	4:15,00	4:30,00	4:45,00	5:15,00	5:45,00	6:15,00	6:45,00	7:30,00	--	--	--
50-Fly	0:36,75	0:38,00	0:40,00	0:42,50	0:45,00	0:50,00	0:55,00	1:00,00	1:05,00	1:10,00	1:17,50	1:25,00	1:35,00	--	--	--
100-Fly	1:22,50	1:25,00	1:30,00	1:35,00	1:40,00	1:50,00	2:00,00	2:10,00	2:17,50	2:30,00	2:45,00	3:00,00	3:30,00	--	--	--
200-Fly	3:15,00	3:22,50	3:30,00	3:40,00	3:50,00	4:00,00	4:15,00	4:30,00	4:45,00	5:15,00	5:45,00	6:15,00	7:15,00	--	--	--
200-I.M.	3:20,00	3:30,00	3:40,00	3:50,00	4:00,00	4:15,00	4:30,00	4:45,00	5:00,00	5:30,00	6:00,00	6:30,00	7:15,00	--	--	--